

LISTENING COMPREHENSION TEST

TEXT 1

Listen to the recording and choose the best alternative.

1. According to the research, environmental factors are responsible for _____ of human traits and diseases.
 - a) 49%
 - b) 51%
 - c) 55%
 - d) 60%
2. The statement ‘the result of this battle is actually perhaps technically a draw’ implies that modern science _____.
 - a) cannot measure the influence of either factor
 - b) has proven that the initial debate was meaningful
 - c) views the contributions of nature and nurture as being almost equally significant
 - d) believes nurture has a decisive advantage
3. The author’s purpose in mentioning a ‘sweet tooth’ is to suggest that _____.
 - a) a preference for sweets can be a genetically influenced inclination
 - b) dietary habits are solely determined by genetics
 - c) parents are to blame for children’s poor eating habits
 - d) environmental factors have no impact on taste preferences
4. The importance of peer relationships is linked to a primitive _____.
 - a) hunting instinct
 - b) survival instinct
 - c) learning instinct
 - d) competitive instinct
5. What is the most likely consequence of ‘peer pressure’ on personality, especially in the young?
 - a) It has no lasting effect on core personality.
 - b) It can lead to the formation of new habits and potential personality changes.

- c) It only reinforces the traits inherited from one's parents.
- d) It primarily affects academic performance, not character.

Complete the sentences with *no more than two words* taken from the recording.

- 6. Genes don't determine directly what you will become but rather offer _____.
- 7. And how much is down to your _____ and the environmental factors therein.
- 8. Mostly _____, children pick up from their parents different patterns of behaviour and personality traits.
- 9. This historical _____, however, seems to finally be coming to an end.
- 10. Both sides have a strong case supported by _____ evidence.

TEXT 2

You will hear a conversation between an interviewer and a sports psychologist about factors affecting athletic performance. Put the following factors in the order they are discussed. There is one extra factor which is not mentioned in the recording and you don't need to use this letter.

- A. Serious conditions like heart problems
- B. Colds and flu
- C. Muscle injuries
- D. Asthma
- E. General fatigue
- F. Lack of sleep

Correct Order:

- 11. _____
- 12. _____
- 13. _____
- 14. _____
- 15. _____

Decide whether the following statements are true (T) or false (F).

- 16. The psychologist states that depression can be a result of an unhealthy obsession with sport. _____
- 17. The sports psychologist works chiefly with Olympic athletes. _____
- 18. The psychologist mentions that a lack of sleep can be a cause of fatigue. _____
- 19. Asthma is described as a condition that is becoming less common in the Western world. _____
- 20. The psychologist recommends a specific type of medication for treating anxiety. _____

Количество набранных баллов: _____